

KNOW YOUR WORTH

Mentoring



**"HOW TO
START YOUR
JOURNEY TO
PURPOSE &
SELF WORTH."**

With Sola Dawkins

A Transformative 3-month Journey to Explore
your Past, Heal your Wounds, and Step into the
Empowered Woman you were meant to be.

www.womenwithapurpose.co.uk

01 **KNOW YOUR WORTH**

INTRODUCTION

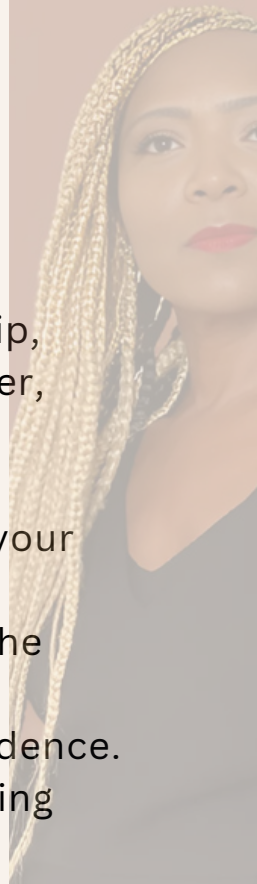
Know Your Worth,

Is a 3 month transformational mentorship, empowering women to realise their power, their worth, and their purpose.

What if I told you that in just 3 months, your life could look completely different, That the confusion, the heaviness, and the second-guessing could be replaced with clarity, alignment, and unshakable confidence. It's possible and it starts by acknowledging and letting go of your past.

***OWN YOUR POWER
DON'T LET YOUR PAST CONTROL YOU***

Our mentorship is for the woman who feels the struggle between where she is and who she's called to become.



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It is for the woman
who knows that
there is more.

Our mentorship
isn't about motivation
and does not focus on
goals alone, but
focuses on you, your individuality and your *name*
(yes, there's a whole person carrying your name).

Our mentorship is focused on you.



KNOW YOUR WORTH

***OWN YOUR POWER
DON'T LET YOUR PAST CONTROL YOU***



Limited Time:
Over 80% OFF -
Only £350
(Reg. £2997)

YOUR 3-MONTH TRANSFORMATION JOURNEY

Let's Get Started

Over 3 MONTHS, you'll walk through a structured PERSONAL transformational JOURNEY, that WILL help you confront limiting patterns, realign YOU TO YOUR original identity, and truly confront those limiting beliefs, controlling habits and internal structures that are controlling who you really want to be.

It will be a confirming journey of unfolding, revealing & identifying the woman who is about to be truly set free, walking in her power and her light!!

YOUR 3-MONTH TRANSFORMATION JOURNEY

MONTH ONE

AWARENESS

"I no longer carry what does not belong to my future."

What to Expect:

- Awareness: Identifying wounds, cycles, & limiting beliefs.
- Forgiveness: Self-forgiveness, and releasing resentment.
- Inner Child Work: Healing your foundation and emotional needs.
- Deep dive into your personal journey, looking at patterns.
- Identify limiting beliefs and their origins.
- Letting go.
- Fortnightly 1-on-1 coaching sessions

MONTH TWO

HEALING

"I remember who I am and what I'm here to do."

What to Expect:

- Identifying ways to heal from our trauma.
- Forgiveness work (self and others)
- Boundary setting and self-care practices
- Breaking Through Fear: Moving beyond self-doubt and comparison.
- Self-Discovery: Values, strengths, and gifts.
- Vision: Designing a life you're proud of.
- Fortnightly 1-on-1 coaching sessions

MONTH THREE

EMPOWERED

Becoming the woman I was born to be.

What to Expect:

- Confidence & Worthiness: Owning your power.
- Boundaries: Protecting your peace
- Legacy: Owning your story and being & influence to others
- Discovering your values & passions
- Aligning your purpose with your daily life
- Fortnightly 1-on-1 coaching sessions

YOUR 3-MONTH TRANSFORMATION JOURNEY

EXPECTED OUTCOMES

MONTH ONE

Expected Outcomes:

- ✓To feel grounded in your healing process and ready to move forward.
- ✓Clear understanding of your story and triggers
- ✓Increased self-awareness and emotional intelligence
- ✓Create awareness for healing and growth.

MONTH TWO

Expected Outcomes:

- ✓Release of emotional baggage and resentment
- ✓Stronger sense of self-worth and boundaries
- ✓Improved emotional regulation and peace
- ✓Commit to one bold step, aligned with your future.

MONTH THREE

Expected Outcomes:

- ✓Clear vision and actionable life plan
- ✓Unshakeable confidence and self-trust
- ✓Tools for continued growth and empowerment
- ✓Ready to enrol on our follow on program to start your journey to helping and mentoring others.

✓Healing & Releasing the Past

✓Discovering & Defining Purpose

✓Empowerment & Embodiment



OUR PROMISE

MENTORING WITH SOLA DAWKINS

Pastor Sola's mentoring is delivered under her mentoring platform "The Purpose Journey", it is a people focused platform, that promises integrity & confidentiality.

We set the highest of standards in our mentoring. The intentionality behind our product and service reflects our identity, authenticity, transparency, commitment to growth and women empowerment.

Confidentiality is a priority for us as is ensuring you evolve as the Woman God created you to be.

A win for us, is to see you completely evolve and begin to change the lives of others, through you becoming the woman God created you to be.

READY TO RECLAIM YOUR POWER

- Clarity on your purpose, you will uncover what truly drives you & begin to live the life you're meant to live.
- Freedom from the past, you will identify & release the blocks, beliefs, & patterns holding you back.
- Evolve with unshakable confidence, you will no longer continue second-guessing yourself.
- Evolve with a renewed sense of direction for your next 3 months (and beyond).
- You will experience emotional & mental breakthroughs, shift from confusion and overwhelm into focus & alignment.
- We are here to support with accountability, never feel like you're doing this alone.
- You will look back at the woman you were when you started, and see the powerful, purposeful transformation.



How We Track Your Progress:

- 1-1 Fortnightly call check-ins, we celebrate wins, tackle challenges, and keep you on track.
- Daily, Weekly, Monthly reflections to see how far you've come and what's next.

TRANSFORM YOUR LIFE NOW



Investment: Only £350

—Regular Price: £2997—

Save over 80% - **Limited Time Offer**

BANK PAYMENT OPTION

Payable in Full or TWO instalments of £175

HSBC, Account Name : Purpose Solutions

Sort Code : 40:23:13 - Account Number : 41836420

Ref: KNW 25

CARD PAYMENT

Payable in Full or TWO instalments of £175

Book In Full

Book

Book (Pay in 2 Instalments)

**This special pricing is only available for a
limited time.**

Your transformation starts today.

www.womenwithapurpose.co.uk



Sola Dawkins was a single mother, grew up in social housing, raised, in part, in a single parent home, family secrets (or lies, who knows) tried to destroy her, but yet she rose!

Became as independent as though she created the world!

She didn't realise the impact of an absent father, she didn't realise she was losing her identity to a world that was defining her.

Marriage showed how unready she was for relationship
how unhealed she was and how broken she was.

Today, Sola hosts events, retreats and speaks to women internationally, empowering women & holding them through some of the most difficult challenges of their life. She has spoken into the lives of thousands and lives a successful life that could only be possible through her faith in God and going through the process.

Sola has become a formidable force and an empowering presence to many.

She becomes more than a mentor, she becomes





...just a little bit more...

ABOUT ME

our big sister, mother you didn't have, and friend you needed, someone who gets you. Mentoring with Sola Dawkins will feel like talking to your childhood friend, at times your stern grandmother but most of all, your life will be transformed.

Yes she has studied in the field of Psychotherapy, yes she has studied theologically and worked for many years in the financial sector, but none of that healed the brokenness inside.

Life reveals our scars, wounds, mental and emotional blocks, and mentoring is one of the most powerful ways to become the woman God created you to be. It allows you to heal, release and let go in safe supported space.

You are not judged, but rather you will be celebrated for making one of the most powerful investments of your life, and that is investing in YOU!

Let's get started.